

Lesson No.	Lesson Title	Learning Outcomes	Content	Key Vocabulary
1	A helping hand	<ul style="list-style-type: none"> Demonstrate simple ways of giving positive feedback to others. 	<p>Think about ways of giving support to others and feedback which is helpful. How can a person support another and what could they say or do to help?</p> <p>Activity - Complete an obstacle course in pairs with one partner blindfolded and the other navigating. Discuss what was helpful and supportive and what wasn't.</p>	Feedback Support Supportive Helpful
2	Sam moves away	<ul style="list-style-type: none"> Recognise the range of feelings that are associated with losing (and being reunited) with a person they are close to. 	<p>Think about things you have lost and how it has made you feel.</p> <p>Read the '<i>Sam Moves Away</i>' story, a story about a friend moving away and then coming back to visit. Discuss emotions felt by the characters.</p> <p>Activity- Children draw a picture of themselves at a time when they had to say goodbye to someone and at a time when they met someone again, with a focus on showing their emotions using facial expressions (or a hypothetical person).</p>	Feelings Emotions Loss Frightened Nervous
3	Haven't you grown!	<ul style="list-style-type: none"> Identify different stages of growth (e.g. baby, toddler, child, teenager, adult). Understand and describe some of the things that people are capable of at these different stages. 	<p>Discuss how people grow and change from a baby to when they started school.</p> <p>Read 'Aunty Jean's Email' and look at the photos of Isaac. She hasn't seen Isaac for a long time. Children work in small groups to discuss what you can do at different stages of growth.</p> <p>Activity- Children use the writing frame to record what they could do as babies, now and what they will be able to do in the future.</p>	Growth Baby Toddler Child Teenager Adult Food Rest Sleep Care Learning

4	My body, your body	<ul style="list-style-type: none"> Identify which parts of the human body are private. Explain that a person's genitals help them to make babies when they are grown up. Understand that humans mostly have the same body parts but that they can look different from person to person. 	<p>Review previously taught body parts. Label body outlines of a boy and a girl. Which parts of the body might we see when someone is wearing their uniform? Which parts of the body might we see when someone is wearing a swimming costume? Which parts of the body might we see if the person is having a bath / shower? Which parts of the body do boys and girls have the same of? Teach scientific names for private parts.</p> <p>Activity- Children label body parts on worksheet.</p>	<p>Special Unique Penis Testicles Vulva Nipples</p>
5	Respecting privacy	<ul style="list-style-type: none"> Explain what privacy means. Know that you are not allowed to touch someone's private belongings without their permission. Give examples of different types of private information. 	<p>What do we call 'privates'? Discuss what privacy means and why privates are private. Read the story about Georgia and Katie to learn about private belonging and private information.</p> <p>Discuss what privacy means. Explain this relates to people's belongings too. Explain that other people's belongings are theirs and should only be looked at or touched with permission.</p> <p>Discuss types of privacy- private parts, private belongings and private information.</p> <p>Activity- Decide which things should be private.</p>	<p>Penis Vulva Private Privacy Consent Permission</p>
6	Basic first aid	<ul style="list-style-type: none"> Know how to provide basic first aid. Understand how to keep safe. Know what to do in an emergency. 	<p>Discuss what first aid is. What might burn someone? What would you do if someone got burnt?</p> <p>Watch the British Red Cross First Aid Champions video about burns. Show children photos from the video and ask them to decide which is the correct order.</p> <p>Activity- Use role play to practise the new first aid skill.</p>	<p>Risk Accident Danger Hazard Kettle Safe Burn Scald Accident Emergency</p>