

Lesson No.	Lesson Title	Learning Outcomes	Content	Key Vocabulary
1	Growing and changing in nature	<ul style="list-style-type: none"> To know how plants and animals change and grow. To explore nature around us. To develop an understanding of weather. To begin to explore seasons. 	<p>Children explore season of summer – use senses to explore what summer is.</p> <p>Look at photographs together of Winter – compare.</p> <p>Talk about changes when the weather gets warmer (things grow and change).</p> <p>Talk about being safe in the sun – what does this mean?</p> <p>Activity- Season sorting activity in tuff tray</p>	<p>Season names (Summer/Winter)</p> <p>Sun hat</p> <p>Sun cream</p> <p>Shade</p>
2	Growing and changing in nature	<ul style="list-style-type: none"> To know how plants and animals change and grow. To explore nature around us. To develop an understanding of weather. To begin to explore seasons. 	<p>Go on a “Seasons” walk on the field. Children collect natural objects/take magnifying glasses etc.</p> <p>Activity- cress growing. Explore and record changes together.</p> <p>Revisit The Very Hungry Caterpillar</p> <p>Activity- Caterpillar to Butterfly life cycle in tuff tray</p>	<p>Season names (Summer/Winter)</p> <p>Caterpillars</p> <p>Eggs</p> <p>Cocoon</p>
3	When I was a baby	<ul style="list-style-type: none"> To understand changes within themselves (babies to now.) To discuss differences between then and now. 	<p>Show the children photographs of babies (this could include staff, pupils, internet search engine images.)</p> <p>Talk about how they are different (hair/teeth/sitting/crawling/walking etc.)</p> <p>What sort of things does a baby do?</p> <p>What does a baby need?</p> <p>Activity- Washing babies in the water tray outside</p>	<p>Babies</p> <p>Growing</p> <p>Changing</p> <p>Bottles, dummy, nappy, crawling etc.</p>
4	When I was a baby	<ul style="list-style-type: none"> To understand changes within themselves (babies to now). To discuss differences between then and now. To explore the future and understand changes. 	<p>Discuss about when people grow up they can be different things (occupations). Look at some examples of different jobs.</p> <p>Activity- Share a Circle Time together to talk about what they would like to be and why.</p> <p>Dress-up day. Invite children to come to Nursery dressed up as what they would like to be when they grow up.</p>	<p>Growing up</p> <p>Changes</p> <p>Different occupations (Teacher/Doctor/ Astronaut etc.)</p>

5	Girls, boys and families	<ul style="list-style-type: none"> To explore if boys and girls are different. To understand how to keep safe. To understand being private. 	<p>Share a Circle Time together and discuss “if” boys and girls are different.</p> <p>Discuss if boys and girls like the same things, do they look the same? How are they different?</p> <p>If differences in private body parts arise then name them and discuss keeping them private:</p> <ul style="list-style-type: none"> Who can see these parts? Who can we show them to? How do we keep them private? How can we keep them clean? <p>Read books “Pants” or “Aliens love underpants” together depending on whether children identify private parts.</p> <p>If needed watch NSPCC Pantosaurus clip https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/</p> <p>Activity- Make a washing line of decorated pants</p>	<p>If needed (penis and vulva)</p> <p>“Privates”</p> <p>Underwear</p> <p>Pants</p>
6	Girls, boys and families	<ul style="list-style-type: none"> To explore if boys and girls are different. To understand how to keep safe. To understand being private. 	<p>Talk about how there are different types of families.</p> <p>On the whiteboard show pictures of different families (some with two Mummies, one Daddy, some children living with Grandparents etc.)</p> <p>Promote the understanding that all families are different but all provide love, care and security.</p> <p>Activity – Children draw a picture of their families.</p> <p>Share each other’s drawings – do they all look the same? How are they different?</p>	<p>Family</p> <p>Love</p> <p>Care</p> <p>Together</p> <p>Mum</p> <p>Dad</p> <p>Different</p>