

## Nursery Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
Autumn 1	Me and my relationships	Marvellous Me	Marvellous Me	I'm Special	I'm Special	People who are special to me	People who are special to me
Autumn 2	Valuing difference	Me and my friends	Me and my friends	Friends and family	Friends and family	Including everyone	Including everyone
Spring 1	Keeping myself safe	People who keep me safe	People who keep me safe	Safety indoors and outdoors	Safety indoors and outdoors	What's safe to go into my body?	What's safe to go into my body?
Spring 2	Rights and responsibility	Looking after myself	Looking after myself	Looking after others	Looking after others	Looking after the environment	Looking after the environment
Summer 1	Being my best	What does my body need?	What does my body need?	I can keep trying	I can keep trying	I can do it	I can do it!
Summer 2	Growing and changing	Growing and changing in nature	Growing and changing in nature	When I was a baby	When I was a baby	Girls, boys and families	Girls, boys and families

## Reception 1 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
Autumn 1	Me and my relationships	All about me	What makes me special	Me and my special people	Who can help me?	My feelings	My feelings
Autumn 2	Valuing difference	I'm special, you're special	Same and different	Same and different families	Same and different homes	Kind and caring (1)	Kind and caring (2)
Spring 1	Keeping myself safe	What's safe to go onto my body	What's safe to go into my body (including medicines)	Safe indoors and outdoors	Listening to my feelings (includes safe and unsafe touch)	Keeping safe online	People who help to keep me safe
Spring 2	Rights and responsibility	Looking after my special people	Looking after my friends	Being helpful at home and caring for our classroom	Caring for our world	Looking after money (1): recognising, spending, using	Looking after money (2): saving money and keeping it safe
Summer 1	Being my best	Bouncing back when things go wrong	Yes, I can!	Healthy eating (1)	Healthy eating (2)	Move your body	A good night's sleep
Summer 2	Growing and changing	Seasons	Life stages - plants, animals, humans	Life Stages: Human life stage - who will I be?	Where do babies come from? Different types of families focus	Getting bigger	Me and my body - girls and boys Why we are different?

## Year 1 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	Why we have classroom rules	Thinking about feelings	Our feelings	Feelings and bodies	Our special people balloons	Good friends	How are you listening?
Autumn 2	Valuing difference	Same or different?	Unkind, tease or bully?	Harold's school rules	Who are our special people?	It's not fair!	Meet the needs of the class/ review lesson.	
Spring 1	Keeping myself safe	Healthy me	Super sleep	Who can help? (1)	Harold loses Geoffrey (Feelings of loss)	What could Harold do? (medicine safety)	Good or bad touches? (NSPCC underwear rule lesson)	Sharing pictures (Lesson to be taught in a Computing lesson during this half-term)
Spring 2	Rights and responsibility	Harold's wash and brush up	Around and about the school	Taking care of something	Harold's money	How should we look after our money?	Basic first aid	
Summer 1	Being my best	I can eat a rainbow	Eat well	Catch it! Bin it! Kill it!	Harold learns to ride his bike	Pass on the praise!	Harold has a bad day	
Summer 2	Growing and changing	Inside my wonderful body!	Taking care of a baby	Then and now	Who can help? (2)	Surprises and secrets	Keeping privates private	

## Year 2 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	Our ideal classroom (1)	Our ideal classroom (2)	How are you feeling today?	Don't do that!	Types of bullying	Being a good friend	Let's all be happy!
Autumn 2	Valuing difference	What makes us who we are?	How do we make others feel?	My special people	When someone is feeling left out	An act of kindness	Solve the problem	
Spring 1	Keeping myself safe	Harold's picnic (medicine safety)	How safe would you feel?	What should Harold say?	Fun or not?	Should I tell?	Some secrets should never be kept	
Spring 2	Rights and responsibility	Getting on with others	When I feel like erupting	Feeling safe	How can we look after our environment?	Harold saves for something special	Harold goes camping	Playing games (To be taught in a Computing lesson during this half-term)
Summer 1	Being my best	You can do it!	My day	Harold's postcard - helping us to keep clean and healthy	Harold's bathroom	My body needs...	What does my body do?	
Summer 2	Growing and changing	A helping hand	Sam moves away	Haven't you grown!	My body, your body	Respecting privacy	Basic first aid	

### Year 3 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	As a rule	My special pet	Looking after our special people	How can we solve this problem?	Dan's dare	Thanks	Friends are special
Autumn 2	Valuing difference	Family and friends	My community	Respect and challenge	Our friends and neighbours	Let's celebrate our differences	Zeb	
Spring 1	Keeping myself safe	Safe or unsafe?	Danger or risk?	The Risk Robot	Alcohol and cigarettes: the facts	None of your business!	Help or harm?	Super Searcher (To be taught in a Computing lesson during this half-term)
Spring 2	Rights and responsibility	Our helpful volunteers	Helping each other to stay safe	Recount task	Harold's environment project	Can Harold afford it?	Earning money	
Summer 1	Being my best	Derek cooks dinner! (healthy eating)	Poorly Harold	For or against?	I am fantastic!	Getting on with your nerves!	Body team work	Top talents
Summer 2	Growing and changing	Relationship Tree	My body Space	Secret or surprise?	Basic first aid	Let's have a tidy up 1	Let's have a tidy up 2	

## Year 4 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	An email from Harold!	Ok or not ok? (part 1)	Ok or not ok? (part 2)	Human machines	Different feelings	When feelings change	Under pressure
Autumn 2	Valuing difference	Can you sort it?	Islands	Friend or acquaintance?	What would I do?	The people we share our world with	That is such a stereotype!	
Spring 1	Keeping myself safe	Danger, risk or hazard?	How dare you!	Medicines: check the label	Know the norms	Keeping ourselves safe	Raisin challenge (2)	Picture Wise (To be taught in a Computing lesson during this half-term)
Spring 2	Rights and responsibility	Who helps us stay healthy and safe?	It's your right	How do we make a difference?	In the news!	Harold's expenses	Why pay taxes?	
Summer 1	Being my best	What makes me ME!	Making choices	SCARF Hotel	Harold's Seven Rs	My school community (1)	Basic first aid	
Summer 2	Growing and changing	Moving house	My feelings are all over the place!	All change!	Preparing for periods (formerly Period positive)	Secret or surprise?	Together	

## Year 5 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	Collaboration Challenge!	Give and take	How good a friend are you?	Relationship cake recipe	Being assertive	Our emotional needs	Communication
Autumn 2	Valuing difference	Qualities of friendship	Kind conversations	Happy being me	The land of the Red People	Is it true?	It could happen to anyone	
Spring 1	Keeping myself safe	'Thinking' about habits	Spot bullying	Decision dilemmas	Drugs: true or false?	Smoking: what is normal?	Would you risk it?	Play, like , share (To be taught in a Computing lesson during this half-term)
Spring 2	Rights and responsibility	What's the story?	Fact or opinion?	Rights, responsibilities and duties	Spending wisely	Lend us a fiver!	Local councils	
Summer 1	Being my best	Getting fit	It all adds up!	Different skills	My school community (2)	Independence and responsibility	Star qualities?	Basic first aid, including Sepsis Awareness
Summer 2	Growing and changing	Taking notice of our feelings	Dear Hetty (separation/ loss)	Growing up and changing bodies (Puberty/ menstruation)	It could happen to anyone	Help! I'm a teenager - get me out of here!	Dear Ash (secrets)	Stop, start, stereotypes (in a 7 week term)

## Year 6 Overview

Term	Unit Title	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Autumn 1	Me and my relationships	Let's negotiate	Solve the friendship problem	Assertiveness skills (formerly Behave yourself - 2)	Behave yourself	Dan's day	Don't force me	Acting appropriately It's a puzzle (To be taught in a Computing lesson during this half-term)
Autumn 2	Valuing difference	OK to be different	We have more in common than not	Respecting differences	Tolerance and respect for others	Advertising friendships!	Boys will be boys? - challenging gender stereotypes	
Spring 1	Keeping myself safe	To share or not to share?	What sort of drug is...?	Drugs: it's the law!	Alcohol: what is normal?	Joe's story (part 1)	Joe's story (part 2)	Think before you click (To be taught in a Computing lesson during this half-term)
Spring 2	Rights and responsibility	Two sides to every story	Fakebook friends	Jobs and taxes	Happy shoppers	Democracy in Britain 1 - Elections	Democracy in Britain 2 - How (most) laws are made	
Summer 1	Being my best	Five Ways to Wellbeing project	This will be your life! (Aspirations)	Our recommendations (Healthy lifestyles)	What's the risk? (1)	What's the risk? (2)	Basic first aid, including Sepsis Awareness	
Summer 2	Growing and changing	Helpful or unhelpful? Managing change (Emotions)	I look great! (Body image/ media)	Media manipulation	Pressure online	Is this normal? (Puberty)	Dear Ash (Safe/ unsafe secret)	



