

Lowestoft Jobcentre
Health and Wellbeing
Event

Wednesday 31st October

10:00-12:00

Organisations Attending the jobcentre to Support You Include:

Wellbeing Service Mencap Turning Point MIND Futures Feedback Mental Health

Greenlight Trust Headway Asperger East Anglia Mindful Pathways Involve Active

Sentinel Leisure One Life Suffolk DIAL ... And many more!

Come and see us and speak to 30 organisations for support with issues such as your mental and physical health, general wellbeing, addictions, housing and debt. Let us help you face your demons!

Location:

Lowestoft Jobcentre,
Rishton House, Clapham
Road. Lowestoft.

NR32 1RN